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Effect of gamma irradiation treatment on microstructure, water mobility, flavor, sensory and quality properties of smoked chicken breast

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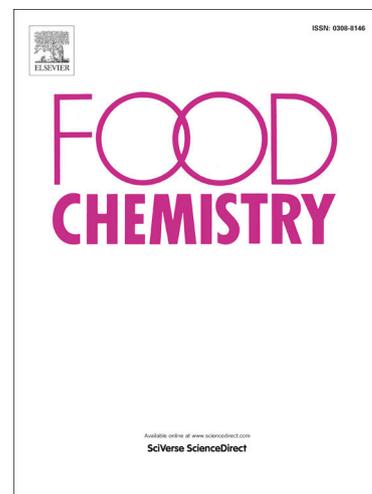
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1 **Effect of gamma irradiation treatment on microstructure, water mobility, flavor,**  
2 **sensory and quality properties of smoked chicken breast**

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16 **Abstract**

17 Effect of gamma irradiation on quality, flavor and sensory properties of smoked  
18 chicken breasts were investigated. Results indicated irradiation doses > 3 kGy were  
19 effective for sterilization, while also produced a significant effect on overall quality of  
20 smoked chicken breast. Irradiation treatment could inhibit protein oxidation and  
21 accelerate lipid oxidation of smoked chicken breasts. High irradiation doses could  
22 increase the instability of free and bound water, as well as increase muscle fiber gap  
23 and juice loss significantly. Irradiation treatment also promoted free fatty acids and  
24 taste-presenting nucleotides degradation, effectively increased fresh-tasting amino  
25 acids contents and decreased bitter and sweet-tasting amino acids contents. The types  
26 and relative contents of volatiles, especially aldehydes, alcohols, aromatic  
27 hydrocarbons, and phenolic compounds, also changed after irradiation, while tartaric,  
28 pyruvic, and malic acids decreased. Results obtained can provide valuable reference  
29 data for improving the quality and flavor of smoked chicken breasts using gamma  
30 irradiation technology.

31

32 **Keywords:** Gamma irradiation; smoked chicken breast; water mobility; flavor; lipid  
33 oxidation

## 34 1. Introduction

35 There has been a growing demand for meat products with high nutritional value,  
36 convenience, and unique flavors (Chiesa et al., 2022). As one of the famous meat  
37 products in China, smoked chicken breast has the characteristics of low fat, high  
38 protein, firm muscle fibers, and tender texture. At the same time, it is widely spread  
39 all over the world for its unique taste and flavor (Zhang, Xia, Sun, Liu & Chen, 2022).  
40 Even though the smoking process provides some preservative abilities in chicken  
41 breasts, smoked chicken breasts with high nutritional value and moisture content  
42 remain susceptible to microbial contamination (Wang, Chen, Xu, Sun, Liu & Kong,  
43 2022). The presence of numerous microorganisms in meat products not only reduces  
44 their shelf life but also significantly affects their quality and flavor, resulting in  
45 substantial losses to the industry (Wei, Liu, Zhao, Li & Zhang, 2022). The traditional  
46 meat preservation methods (heating, refrigeration, and high-temperature treatment)  
47 have greater impacts on the quality and nutrient content of meat, such as oxidation of  
48 lipids and proteins, protein denaturation, moisture loss, color deterioration, flavor  
49 loss, texture changes, and microbial spoilage (Wei et al., 2022; Xu et al., 2021).

50 Low-temperature sterilization technology can effectively inhibit microorganisms in  
51 food to make it safe and maintain its quality. With irradiation, meat is tenderized,  
52 shelf life is extended, pathogens are destroyed, and spoilage microorganisms are  
53 killed. Thus, irradiation is considered a safe and effective method of keeping meat  
54 fresh (Zhang et al., 2020). Gamma irradiation can destroy the chemical bonds of  
55 microbial DNA and macromolecules such as proteins and lipids, and combine with  
56 food ingredients to produce physical, chemical, and biological effects, killing the  
57 surface and interior of the food. Parasites and pathogenic bacteria, maintain their  
58 quality to the maximum extent and prolong the shelf life of food (Rodrigues et al.,  
59 2020). Several studies have shown that irradiation could kill or inhibit the total  
60 number of microorganisms in meat products, and even kill viruses, with no significant  
61 effect on the overall quality characteristics of meat during frozen storage (Cordeiro,  
62 Mouro, Dos Santos & Wagner, 2022).

63 However, some studies have shown that due to the different structures and  
64 composition of different meat products, different irradiation doses can change the  
65 redox potential of the meat system, thus accelerating the oxidation of fats and  
66 proteins, resulting in changes in the color, taste, and flavor of the meat (Jia, Wang,  
67 Zhang, Shi & Shi, 2022). It has been reported that irradiation sterilization increased  
68 the contents of fresh and tasteless amino acids, while reduced the contents of bitter  
69 amino acids and organic acids, thus improving the overall taste of pork ribs (Sun,  
70 Zhang, Zhang, Zhang & Sun, 2021). In another study, irradiation doses of 3 kGy did  
71 not affect yak meat quality, while irradiation doses of 5 kGy resulted in poorer yak  
72 meat quality and significant irradiation off-flavors (Wang et al., 2022). Previous work  
73 also found irradiation at 9 kGy combined with aging could improve beef tenderness,  
74 but also led to discoloration (Rodrigues et al., 2020). However, to the best of our

75 knowledge, different gamma irradiation doses on the quality and flavor characteristics  
76 of smoked chicken breasts were rare reported.

77 It has become a general trend in the meat industry to choose the right irradiation  
78 dose for different meat products. Therefore, the aim of the present study was to  
79 investigate the effects of different gamma irradiation doses on the microstructure,  
80 water mobility, flavor, sensory and quality properties of smoked chicken breast. It  
81 was the first report of the systematic analysis of physicochemical properties of  
82 smoked chicken breast treated by gamma irradiation, especially microstructure, water  
83 mobility, flavor and sensory characteristics. Results obtained in this work could  
84 provide reference and technical support to ensure the quality of smoked chicken  
85 breast on the basis of the effective extension of its shelf life, and also provide  
86 theoretical basis for the application of irradiation in meat products.

## 87 **2. Materials and methods**

### 88 **2.1. Chemicals and reagents**

89 Amino acid mixture standard solutions AN-II and B (chromatographic grade,  
90 containing 17 protein amino acids, purity 99.0%) were purchased from Wako Pure  
91 Pharmaceutical Co. Ltd (Tokyo, Japan). The standards of 37 fatty acid methyl esters  
92 (purity 99.0%) were obtained from Sigma-Aldrich (Shanghai, China).  
93 Adenosine-5'-triphosphate (ATP), adenosine-5'-diphosphate (ADP),  
94 adenosine-5'-monophosphate (AMP), inosine-5'-monophosphate (IMP),  
95 guanosine-5'-monophosphate (GMP), inosine (HxR) and hypoxanthine (Hx) (purity  $\geq$   
96 95%, HPLC) were purchased from Shanghai Genye Biological Reagent Co.,  
97 (Shanghai, China). Oxalic acid, tartaric acid, pyruvic acid, malic acid, lactic acid,  
98 acetic acid, citric acid, and succinic acid (purity  $\geq$ 95%) were purchased from McLean  
99 ltd. (Cameron, USA). Methanol (chromatographically pure), 2-thiobarbituric acid,  
100 1,1,3,3-Tetraethoxypropane, chloroform, absolute ethanol, trichloroacetic acid,  
101 sulfosalicylic acid, magnesium chloride (analytically pure) were purchased from  
102 Tianjin Yongda Chemical Reagent Co., Ltd. (Tianjin, China).

### 103 **2.2. Sample and irradiation treatment**

104 Smoked chicken breasts (500 g, per vacuum pack) were provided by the  
105 Guangzhou Restaurant Group Co., Ltd (Guangzhou, China). Irradiation treatment was  
106 performed at the  $^{60}\text{Co}$  gamma irradiation device [a fixed source room wet storage  
107 source gamma irradiation device, the model is Q(H) type] in the Guangzhou Radian  
108 High Energy Technology Co., Ltd. (Guangzhou, China). The samples were treated at  
109 irradiation doses of 2, 3, 4, and 6 kGy, respectively. Indicators were immediately  
110 tested after irradiation.

### 111 **2.3. Microbial analysis**

112 Microbial analysis was performed according to a previous literature (Dai, Han, Li,  
113 Gu, Xiao & Lu, 2022).

#### 114 **2.4. Texture and morphological analysis**

115 The texture of samples was analyzed according to the method of a reported paper  
116 with several modifications (Cordeiro et al., 2022). Samples were prepared to 4cm in  
117 length, 4cm in width, and 3cm in thickness for texture analysis using a Rapid TA  
118 Texture Analyzer (Shanghai Tengba Instrument Technology Co., Ltd., Shanghai,  
119 China) equipped with a P/36R flat-bottom cylinder probe. The measurement  
120 parameters were as follows: TPA full texture mode, test speed of 2 mm/s, probe speed  
121 of 3 mm/s, measuring time of 5 s, trigger force of 5 N and compression distance of  
122 30%.

123 Muscle fiber morphological changes were analyzed using the HE staining method  
124 described in a reported literature (Chen et al., 2021). Briefly, samples were cut into 1  
125 cm × 1 cm × 1 cm size and fixed in 4% paraformaldehyde tissue fixative for over 24  
126 h. After trimming, samples were dehydrated in a series of ethanol gradients (75%,  
127 85%, 90%, 95%, and anhydrous ethanol), embedded in paraffin, trimmed again, and  
128 flattened. The sections were then preserved, scanned, and photographed, and the  
129 images were acquired and analyzed using Case Viewer 2.0 software (China).

#### 130 **2.5. Determination of color and pH**

131 The lightness ( $L^*$ ), redness ( $a^*$ ) and yellowness ( $b^*$ ) were determined using a  
132 Weifu photoelectric colorimeter (Weifu Optoelectronics Technology Co., Ltd.,  
133 Shenzhen, China). The pH was measured with a calibrated pH meter. Briefly, 5 g of  
134 the crushed sample was weighed and put into a conical flask. Distilled water of 75 mL  
135 was added and the sample solution was stirred evenly. After placing for 30 min, the  
136 solution was centrifuged and the supernatant was obtained for pH measurement.

#### 137 **2.6. LF-NMR spectroscopy**

138 The LF-NMR measurements were conducted according to the method described in  
139 a previous literature (Ye et al., 2022). Briefly, after equilibrating at room temperature  
140 for 30 minutes, the samples were cut into cuboids of  $3 \times 1 \times 2$  cm<sup>3</sup> and placed in NMR  
141 tubes (model MesoMR23-060H-1, Low-field NMR imaging analyzer, Suzhou Niumai  
142 Instrument Analysis Co., Ltd. China). A Carr–Purcell–Meiboom–Gill pulse sequence  
143 was used to measure the spin-spin relaxation time ( $T_2$ ). Other parameters were SW =  
144 100 kHz, SF = 21 MHz, RFD = 0.002 ms, RG1 = 20.0 dB, P1 = 10.0 s, DRG1 = 2,  
145 TD = 1024, PRG = 1, TW = 4000 ms, and NS = 2.

#### 146 **2.7. Determination of drip loss**

147 The mass of the complete packaging samples after irradiation treatments was first  
148 weighed ( $m_0$ ). Then, the packaging bag was opened and the juice in the packaging

149 bag was poured out. The residual juice on the surface of the chicken breast was dried  
150 and the total mass of the packaging bag and chicken breast ( $m_1$ ) was weighed. Bags  
151 were individually weighed ( $m_2$ ). The drip loss was calculated according to the  
152 following formula.

$$drip\ loss = \frac{m_2 - m_0}{m_1 - m_0} \times 100\%$$

153

## 154 **2.8. Lipid and protein oxidation analysis**

155 The thiobarbituric acid reactive substances (TBARs) and total volatile basic  
156 nitrogen (TVB-N) were measured according to the method of (Chen, Luo, Lou,  
157 Wang, Yang & Shen, 2021), and report of (Li, Tang, Shen & Dong, 2019),  
158 respectively.

## 159 **2.9. Fatty acid measurement**

160 Fatty acid measurement was according to the method reported in a literature (Feng,  
161 Tjia, Zhou, Liu, Fu & Yang, 2020).

## 162 **2.10. Sensory analysis**

163 The sensory evaluation of smoked chicken breast was referred to a reported  
164 literature (Zhang, Chen, Liu, Xia, Wang & Kong, 2022) with slight modifications.  
165 The effect of irradiation treatment on the sensory properties of smoked chicken  
166 breasts was evaluated by a trained ten-member panel (between 20 and 25 years of age  
167 with 10 females and 10 males). Smoked chicken breasts were randomly placed in  
168 trays coded with randomly arranged three-digit numbers for evaluation by the sensory  
169 panel. The results of the sensory evaluation were recorded using a 25-point scale:  
170 color (1: dull, 25: bright color), odor (1: no special smoked meat flavor, heavy  
171 sourness, 25: strong smoky flavor, strong meatiness), histomorphology (1: rotten and  
172 moldy meat with the sticky surface, 25: firm and elastic, tight and firm structure, flat  
173 cut surface), and taste (1: no umami 25: good umami). A comprehensive evaluation of  
174 the overall acceptability of the samples was performed.

## 175 **2.11. Analysis of volatiles**

176 The volatile compounds were analyzed according to the method reported in a  
177 previous literature (Jo, An, Arshad & Kwon, 2018). The 2,4,6-trimethylpyridine (10  
178  $\mu\text{L}$ , 7.50 mol/mL) was used as the internal standard. The sample ( $3.0 \pm 0.1\text{g}$ ) was  
179 placed in a 20 ml vial with headspace and a 50/30  $\mu\text{m}$  of DVB-PDMS (Supelcog Co.,  
180 Ltd. USA) in the vial. The headspace vial containing the sample was fixed on the  
181 extraction table and equilibrated for 10 minutes, and the extraction head was inserted  
182 into the vial and heated at  $50^\circ\text{C}$  for 50 minutes. Next, the fiber was injected into the  
183 port of a GC-MS system (8890-5977B, Agilent Technologies Co., Ltd. USA), and  
184 retained for thermal desorption at  $250^\circ\text{C}$  for 5 min. Gas chromatography conditions:

185 Gas chromatography conditions: DB-5MS gas chromatography column ( $30 \times 0.25 \mu\text{m}$   
186  $\times 0.25 \mu\text{m}$ , Agilent Technologies, USA), with helium as the carrier gas (99.999%).  
187 The flow rate was 1 mL/min, with an injection volume of 1  $\mu\text{L}$ . Temperature ramps  
188 were performed at 3 degrees Celsius per minute to 70 degrees Celsius and held for 3  
189 min, 6 degrees Celsius per minute to 140 degrees Celsius, and 8 degrees Celsius per  
190 minute to 230 degrees Celsius over 2 min. Qualitative and quantitative analysis was  
191 performed by comparing the retention times of volatile compounds with the  
192 NIST17.L library using Agilent GC-MSD software. The concentration of the volatile  
193 compounds was calculated by comparing the peak areas of volatiles with those of the  
194 internal standards at known concentrations. The Odor Activity Values (OAVs) were  
195 calculated according to a previous literature (Zhang, Hu, Wang, Kong & Chen, 2021).

## 196 **2.12. Taste analysis**

197 The free amino acid content was determined according to a previous paper (Jo et  
198 al., 2018) by using a fully automatic amino acid analyzer (Hitachi Automatic  
199 Biochemical Analyzer Instrument Co., Ltd., Japan). Nucleotide contents were  
200 analyzed according to the method in a reported paper (Zhang, Zhang, Wang, Xing &  
201 Zhang, 2020). Organic acids were measured according to the method described by  
202 (Hu, Li, Zhu, Kong, Liu & Chen, 2021).

## 203 **2.13. Statistical analyses**

204 All experiments were performed as mean  $\pm$  SD of three or five independent  
205 experiments ( $n = 3$  or  $5$ ), and the results were analyzed using SPSS Statistics 22.0  
206 (software v.10.0.2, Minnesota, USA). OriginPro 2021(Origin Lab, Northampton,  
207 MA), Prism 8.0 (GraphPad Software, USA), and Tbttools (China) were used for  
208 plotting. Pearson correlation was applied to analyze the relationship between sensory  
209 and physical and chemical indicators of smoked chicken breast.

## 210 **3. Results and discussion**

### 211 **3.1. Microbiological changes in irradiated smoked chicken breast**

212 The aerobic plate count results of the irradiated smoked chicken breast are  
213 presented in Table 1. As shown in Table 1, the initial aerobic plate count at control  
214 was 2.89 lgCFU/g. The aerobic plate count in smoked chicken breasts decreased  
215 significantly ( $P < 0.05$ ) with the increase of  $^{60}\text{Co}$  gamma irradiation dose, and the total  
216 number of colonies was 0 lgCFU/g when the irradiation dose was 6 kGy. At the  
217 beginning of storage, the coliform counts of the samples were below the detectable  
218 values (Table 1). Irradiation treatment can effectively inhibit the reproduction and  
219 growth of sample microorganisms. This result was in agreement with a reported work  
220 in which authors found that irradiation successfully improved the microbial quality of  
221 frozen duck meats samples (Li et al., 2022).

### 222 3.2. Texture and microstructure changes of irradiated smoked chicken breast

223 The effect of irradiation on the hardness, springiness, and springiness of all samples  
224 is shown in Table 1. Hardness measures a meat's maturation level since it is affected  
225 by the denaturation of proteolysis of meat proteins and water loss (Cordeiro et al.,  
226 2022). There was an increase in the hardness and chewiness of the irradiated samples  
227 with an increase in the irradiation dose ( $P < 0.05$ ), but there was a decrease in  
228 springiness, which may affect the taste of the samples. Irradiation treatment can  
229 denature the protein of smoked chicken breast, or degrade the meat protein and  
230 promoted sarcomere elongation through actin and myosin degradation, resulting in  
231 decrease of meat quality and loss of springiness (Cordeiro et al., 2022; Rodrigues et  
232 al., 2020). The quality characteristics of muscle are related to its microstructure and  
233 muscle fiber space is the space formed by the separation of muscle fiber (Zou et al.,  
234 2022). To illustrate the effect of irradiation on the change of smoked chicken breast  
235 muscle fibers, morphological HE staining scans of vertical muscle fiber sections were  
236 performed on smoked chicken breasts (Fig. 1A). Although the muscle fibers gaps of  
237 control samples were small, they were generally parallel, tiger myofiber structure with  
238 a clear and the diameter of the muscle fibers has little difference. When the irradiation  
239 dose was  $\geq 4$  kGy, the interfascicular space changed significantly ( $P < 0.05$ ). The  
240 muscle fiber gap of all samples increased, and the muscle fiber in the irradiated  
241 groups increased significantly compared with the control samples ( $P < 0.05$ ), while the  
242 muscle fiber diameter had no significant ( $P > 0.05$ ) change. This may be due to the  
243 increase in irradiation dose, the collapse of muscle fibers led to the increase of  
244 intercellular enlargement of smoked chicken breast muscle fibers, or the increase of  
245 the degree of damage to the protein skeleton structure, the myofibril bundles became  
246 loose, and the gaps between the muscle bundles became larger (Zou et al., 2022).  
247 Thus, we could see that when the irradiation dose was  $\geq 4$  kGy, there is less change in  
248 the texture and microstructure of the smoked chicken breasts.

### 249 3.3. Color and pH changes of irradiated smoked chicken breast

250 More than any other sensorial attribute, the color of smoked chicken breasts is one  
251 of the most important physical indicators as its influences consumers' willingness to  
252 purchase it. Table 1 demonstrates the color of all samples. The  $L^*$  value in the control  
253 samples was nearly 50.00, but it was significantly decreased in the 4 and 6 kGy  
254 irradiated samples ( $P < 0.05$ ). As the muscle loses water, the surface refractive index  
255 decreases, thereby decreasing the  $L^*$  value, while the  $b^*$  values showed an increasing  
256 trend and the  $a^*$  value did not change regularly. Therefore, it has a certain influence  
257 on the color of the sample when the irradiation dose is  $> 3$  kGy. This is in agreement  
258 with (Sales et al., 2020) who reported that high doses of irradiation could cause the  
259 beef to turn red. The pH affects protein stability, meat color, drip loss, and meat  
260 texture. As shown in Table 1, the pH values of the 4 kGy and 6 kGy irradiation  
261 groups were lower than those of the control samples ( $P < 0.05$ ), which decreased by

262 0.13 and 0.06, respectively. Compared with the control sample, the pH value of 2 kGy  
263 did not change significantly, but the pH value of 3 kGy increased significantly by  
264 0.07. The pH values of all samples mainly fluctuated around 6.00 as shown in Table  
265 1, and irradiation treatment had no significant ( $P < 0.05$ ) effect on the pH values.

#### 266 **3.4. Drip loss changes and LF-NMR analysis of irradiated smoked chicken** 267 **breast**

268 The distribution and migration of water content in meat have a direct effect on the  
269 final overall quality. Proper water status can greatly influence the taste, texture, and  
270 overall appeal of meat. The effects of irradiation on the drip loss of smoked chicken  
271 breasts are shown in Table 1. With the doses of irradiation increased, the drip loss of  
272 smoked chicken breasts significantly increased ( $P < 0.05$ ). Compared with the 0 kGy,  
273 the 2 kGy dose showed no significant increase in the drip loss of smoked chicken.  
274 The drip losses of smoked chicken breasts were significantly ( $P < 0.05$ ) increased when  
275 the irradiation doses increased to 3, 4, and 6 kGy. Notably, the drip loss of smoked  
276 chicken breast irradiated with 6 kGy dose had 1.01% increase in comparison with the  
277 control group. It has been reported that protein denaturation would reduce meat's  
278 water-holding capacity by increasing muscle fiber diameter (Rodrigues et al., 2020).  
279 Another work reported that the modification or denaturation of proteins occurs due to  
280 changes in solute concentration within the muscle fiber, resulting in a higher amount  
281 of drip loss (Sales et al., 2020).

282 The transverse relaxation time  $T_2$  in the LF-NMR results can reflect water mobility  
283 and distribution of smoked chicken breasts (Fig. 1B). There were four characteristic  
284 peaks in the smoked chicken breast's  $T_2$  relaxation time distribution, including  $T_{21a}$ ,  
285  $T_{21b}$ ,  $T_{22}$ , and  $T_{23}$ . Exhibit relatively short relaxation times and are considered bound  
286 water -  $T_{21a}$  (0-1 ms) and  $T_{21b}$  (1-10 ms). Water retained by the microstructure and  
287 submicron structure of tissues and membranes is referred to as non-mobile water -  $T_{22}$   
288 (10-200 ms). Chicken breasts contain approximately 90% immobile water, which  
289 directly affects their ability to retain water (Zhao, Chen, Wongmaneepratip, He, Zhao  
290 & Yang, 2021). The timing and relative amounts of peaks reflect the level of water  
291 binding and tissue tightness (Li et al., 2022). Table 2 is supplemented with data for  
292  $T_2$ , segmental relaxation times ( $T_{21a}$ ,  $T_{21b}$ ,  $T_{22}$ ,  $T_{23}$ ) and corresponding proportions  
293 ( $P_{21a}$ ,  $P_{21b}$ ,  $P_{22}$ ,  $P_{23}$ ). The relative contents of bound water, non-mobile water, and free  
294 water are represented by  $P_{21}$ ,  $P_{22}$ , and  $P_{23}$ , respectively, in smoked chicken breasts.  
295 The effect of irradiation on the moisture of smoked chicken breast was mainly  
296 reflected in the relaxation time of the moisture and did not affect its moisture  
297 distribution. As a result of the irradiation treatment, the relaxation times of  $T_{21a}$ ,  $T_{21b}$ ,  
298 and  $T_{22}$  of the irradiated group were significantly shorter than those of the  
299 non-irradiated group ( $P < 0.05$ ), indicating that irradiation caused the bound and  
300 non-flowing water to be more unstable. Additionally, the relaxation time of  $T_{23}$  in  
301 smoked chicken breasts increased significantly ( $P < 0.05$ ) as the irradiation dose  
302 increased, suggesting that irradiation accelerated the fluidity of free water. Different

303 processing techniques could lead to changes in the ratio of bound water and free water  
304 in meat products, which was closely related to changes in muscle fiber bundle  
305 structure, taste, and flavor (Liang, Lin, Chen & Sun, 2022). Compared with 0 kGy,  
306 the percentage of the T<sub>21</sub> peak area was essentially unchanged, the percentage of the  
307 T<sub>23</sub> peak area increased and the percentage of the T<sub>22</sub> peak area decreased in the  
308 irradiated group. On one hand, gamma radiation can ionize and activate the water,  
309 causing it to split into free radicals, ions, and hydrogen peroxide radicals, which can  
310 interact with components in food (Jia et al., 2022). On the other hand, changes in  
311 protein structure and muscle fiber density can increase water fluidity in meat, enlarge  
312 the space between muscle fiber structures, and reduce its ability to retain water (Zou  
313 et al., 2022).

### 314 **3.5. TVB-N and TBARS changes in irradiated smoked chicken breast**

315 Proteins in meat products decompose into alkaline nitrogenous compounds, such as  
316 ammonia and amines, under the action of endogenous enzymes or extracellular  
317 enzymes secreted by microorganisms. A biomarker for protein and amine  
318 degradation, Total volatile basic nitrogen (TVB-N) is one of the most useful  
319 indicators for evaluating meat quality (Li et al., 2019). In meat products, TVB-N  
320 content higher than 15 mg/100 g was considered to be spoiled meat products (Chinese  
321 National Standard GB 2707-2016). The TVB-N concentration of the 2 kGy was 9.61  
322 mg/100g, which was not significantly different from the control sample Table 1.  
323 However, the TVB-N concentrations were 8.91, 8.44, and 8.68 mg/100g, respectively  
324 in 3, 4 and 6 kGy groups, which decreased by 0.47, 1.17, and 0.23 mg/100g  
325 respectively, in comparison with the control group. Irradiation could inhibit the  
326 increase of TVB-N, and the reason may be due to the inhibition of microbial counts  
327 and enzyme activity caused by irradiation (Li et al., 2019; Li et al., 2022). The  
328 analysis of TBARS is mainly used to determine the content of malondialdehyde  
329 (MDA), which is a main secondary product of lipid oxidation and is considered to be  
330 the major marker of lipid-oxidation (Chen, Luo, Lou, Wang, Yang & Shen, 2021). As  
331 depicted in Table 1, the initial TBARS values of irradiated samples were increased  
332 with irradiation doses, from 0.096±0.00 mg/kg of a control sample to 0.123±0.02  
333 mg/kg, 0.159±0.05 mg/kg, 0.182±0.03 mg/kg, 0.240±0.04 mg/kg of 2 kGy, 3 kGy, 4  
334 kGy, and 6 kGy irradiation groups, respectively (P < 0.05), and it increased to  
335 approximately 0.03-0.14 mg/kg after gamma irradiation. Considering there was a  
336 large amount of water in the meat, ionizing radiation raises hydroxyl radicals in the  
337 water system and accelerates oxidative changes in the meat, which have  
338 dose-dependent effects (Derakhshan et al., 2018).

### 339 **3.6. Fatty acid changes in the irradiated smoked chicken breast**

340 Quality characteristics of meat are greatly influenced by its fatty acid (FA)  
341 composition, such as flavor, texture, and aromatic taste profile. When FA is exposed  
342 to irradiation, its double bond structure can be disrupted, resulting in less detectable

oxidized or free fatty acids (FAAs). FAA reflects some extent the extent of lipid oxidative breakdown in meat (Wu, Xiao, Yin, Zhang & Richards, 2021). The contents and composition of FAAs in non-irradiated and irradiated groups are shown in Figs 1C and 1D. A total of 29 fatty acids were detected in smoked chicken breasts, including 15 saturated fatty acids (SFA), 8 monounsaturated fatty acids (MUFA), and 6 polyunsaturated fatty acids (PUFA). The main FAAs were methyl tridecanoate (C13:0, 31-73% of  $\Sigma$ FAA), methyl oleate (C18:1n9c, 9-26% of  $\Sigma$ FAA), palmitic acid (C16:0, 7-16% of  $\Sigma$ FAA), and linoleic acid (C18:2n6c, 5-15% of  $\Sigma$ FAA). In many meat samples, C16:0 and C18:2n6c were consistently high. C16:0 and C18:2n6c are usually considered important precursor compounds for the flavor of the meat. C18:2N6C can be oxidized by enzymes or undergo automatic oxidation reactions to produce various hydrogen peroxides, which eventually break down into aldehyde compounds. C16:0 can break down into ketones and aromatic compounds (Al-Dalali, Li & Xu, 2022). These compounds are thought to play important roles in the aroma and flavor of the meat. The total free fatty acid content ( $\Sigma$ FAA) and individual fatty acid content in the irradiated groups were significantly different ( $P < 0.05$ ) in comparison with the 0 kGy group. The 2, 3, 4, and 6 kGy groups decreased by 162.64 mg/g, 78.04 mg/g, 18.95 mg/g, and 161.77 mg/g respectively, and the most obvious ones were 2 kGy and 6 kGy. This may be due to oxidative processes that occur in unsaturated fatty acids when they are exposed to ionizing radiation, which can generate highly reactive free radicals that replace the carbon-bonded hydrogen atoms near the double bonds (Jia, Wang, Zhang, Shi & Shi, 2022). As the irradiation dose increased, the proportion of SFA in total fatty acids significantly increased, while that of MUFA and PUFA in total fatty acids significantly decreased. SFA change was mainly reflected in the reduction and increase of C13:0 and C16:0. MUFA change was mainly reflected in the reduction of C18:1n9c. PUFA change was mainly reflected in the decrease of C18:2n6c. In general, the oxidation of SFA has been found to negatively affect the aroma of food, whereas the oxidation of MUFA and PUFA can produce various aroma components. From this, it was speculated that C13:0 as an SFA may be related to the formation of off-flavor in high-dose irradiated smoked chicken breast, and the degradation of C18:2n6 as a MUFA and C18:2n6c as a PUFA may be related to the positive aroma odor of smoked chicken breast. (Kunyaboon, Thumanu, Park, Khongla & Yongsawatdigul, 2021) silver carp C13:0 levels increased with increased irradiation dose, while the content of C18:1n9c and C18:2n6c decreased significantly, nonanal and 1-octanol may be derived from C18:2n6c and C18:1n9c oxidative degradation. It has been reported that irradiation treatment could lead to a significant decrease in the ratio of oleic acid (C18:1), linoleic acid (C18:2), and arachidonic acid (C20:4n6) in largemouth bass meat, which may be attributed to their C=C bond being the most unstable during the irradiation process (Huang et al., 2022).

### 3.7. Sensory evaluation of irradiated smoked chicken breast

The highest sensory evaluation of samples was the 0 kGy group, which was

385 95±0.01 points, as shown in Fig 2A. The smoked chicken breasts had a shiny  
386 appearance, a strong smoky flavor, a firm and elastic texture, and a delicious taste.  
387 However, the sensory score of smoked chicken breasts decreased gradually with the  
388 increase of irradiation dose. Sensory evaluation indicated that irradiation treatment at  
389 2 kGy did not significantly affect ( $P > 0.05$ ) the sensory attributes of smoked chicken  
390 breasts, while the irradiated smoked chicken breasts at 3, 4, and 6 kGy presented  
391 decreases in the sensory attributes. Although sensory indicators changed significantly  
392 in the 3, 4, and 6 kGy, the overall acceptability of these groups was within a  
393 reasonable range. Correlation analysis of sensory evaluation and physical and  
394 chemical indicators including TVC, pH, TBARS, TVB-N, drip loss, texture, color and  
395 HE changes of smoked chicken breasts is presented in Fig. 2B. Results clearly  
396 showed the correlation between the sensory and the individual metrics. Sensory and  
397 TBARS, TVB-N, and drip loss had a very significant correlation ( $P \leq 0.01$ ). The  
398 irradiation dose was positively correlated with the content of TBARS, and the drip  
399 loss had a close relationship with the texture, which may be an important reason for  
400 affecting the sensory score. Irradiation was found to have a positive correlation with  
401 the TBARS content. Higher levels of lipid oxidation could result in the production of  
402 more flavor and taste compounds, which could ultimately impact the sensory  
403 evaluation scores for flavor and taste. Additionally, the drip loss rate was closely  
404 related to the texture of the meat and maybe a key factor affecting the sensory  
405 evaluation scores for texture.

### 406 **3.8. Flavor changes in irradiated smoked chicken breast**

407 Table 3 shows the volatiles results of smoked chicken breasts after irradiation  
408 treatment. A total of 64 volatiles were identified in the smoked chicken breast,  
409 including aldehydes (8), alcohols (7), aromatic hydrocarbons (6), phenols (7), esters  
410 (9), terpenes (15), ketones (4), amines (3), sulfide (1), acids (2), others compounds  
411 (2). A total of 28, 25, 25, 15, and 26 compounds were found in the 0, 2, 3, 4, and 6  
412 kGy groups, and the relative contents were 239.32, 106.12, 214.03, 265.25, 324.14  
413 mg/kg, respectively. The type and content of volatiles in smoked chicken breasts were  
414 significantly affected by irradiation. There are abundant amounts of water, fats,  
415 proteins, and other compounds in smoked chicken breasts. In the presence of  
416 irradiation, the water fraction can be broken down into hydroxyl radicals (oxidizing  
417 radicals) and aqueous electrons and hydrogen atoms (reducing compounds). When  
418 oxygen is present, these compounds initiate various oxidation reactions of organic  
419 molecules, changing the flavor of the meat (Bliznyuk et al., 2022).

420 Four aldehydes were detected in the 0 kGy group, including hexanal, nonanal,  
421 8-Octadecenal, and heptanal. Under the action of oxidation and complex enzyme  
422 systems, these aldehydes can be degraded into straight-chain aldehydes such as  
423 nonanal and hexanal (Jia, Wang, Zhang, Shi & Shi, 2022). Aldehydes with a low odor  
424 threshold value are crucial in creating the distinctive flavor profile of smoked chicken  
425 breasts, contributing to their clear, fruity, fatty, and nutty aroma. After irradiation

426 treatment, the content of hexanal and nonanal increased, especially in 3 kGy and 6  
427 kGy. Octanal, decanal, and 5-ethylcyclopent-1-enecarboxaldehyde were only detected  
428 in the irradiated group, and the OAVs of octanal and decanal was greater than 1 and  
429 played an important role in overall flavor of smoked chicken breast. The general  
430 flavor profile of decanal is greasy, citrusy, peachy, and floral, while octanal is citrusy.  
431 High concentrations of hexanal and octanal had been considered a sign of lipid  
432 oxidation, one of the main causes of meat off-flavors in other reports (Cordeiro et al.,  
433 2022). High concentrations of nonanal and octanal give off carrion and a pungent  
434 odor. This may be one of the reasons why smoked chicken breasts exposed to high  
435 doses of irradiation emit an "irradiated smell". In general, alcohols have a higher  
436 threshold and contribute less to the flavor, but as the carbon chain length increases,  
437 the threshold decreases and more alcohols will contribute to the flavor (Zou, Kang,  
438 Liu, Qi, Zhou & Zhang, 2018). The precursors of alcohols are mainly derived from  
439 lipid oxidation, especially the oxidative degradation of polyunsaturated fatty acids  
440 (Zou et al., 2018). Ethanol and cyclobutanol were detected in 0 kGy, and both of them  
441 decreased significantly after irradiation treatment. Especially when the irradiation  
442 dose was greater than 3 kGy, cyclobutanol was not detected. This may be due to the  
443 lipid degradation after irradiation treatment. However, due to the high threshold of  
444 ethanol and cyclobutanol, OAVs were less than 1, so they did not contribute much to  
445 the overall flavor of smoked chicken breast. Carotol, 1-nonen-3-ol, 2-hexyl-1-octanol  
446 and 1,4-butanediol were detected in irradiated groups. In particular, the OAV of  
447 1-nonen-3-ol was greater than 1 and had an aromatic flavor substance with herbal,  
448 citrus, and floral fresh notes, which had also been described as grassy and oily.  
449 Aromatic hydrocarbons and phenols have large effects on the formation of the  
450 smoked odor which can impart various aromas and flavors to meat products, such as  
451 grilled meat, smoked, charred, vanilla, etc (Saldaña et al., 2019). In aromatic  
452 hydrocarbons, OAVs of o-xylene, styrene, ethylbenzene, and p-xylene exceeded 1.  
453 Among them, p-xylene was detected only in 3, 4, and 6 kGy. The p-xylene has a  
454 delicate, slightly sweet, and sometimes pungent and bitter odor. In phenolics, the  
455 OAVs of phenol, 3,5-dimethyl-, eugenol, phenol, 2-methoxy-, and estragole were  
456 greater than 1. Phenolic compounds are mainly derived from smoke or amino acid  
457 degradation. With its pungent phenolic smell and smoky notes, phenol is an aromatic  
458 compound that has a powerful aroma (Saldaña et al., 2019). After irradiation  
459 treatment, the content of phenol decreased, especially in 2 kGy group. Eugenol has a  
460 spicy aroma and several fruit flavors and is one of the important components of the  
461 smoky flavor of smoked chicken (Zhang et al., 2021). In a previous work, eugenol  
462 was the most abundant phenolic substance in smoked chicken drumsticks, which  
463 contributed to the overall smoky flavor (Zhang et al., 2021). Whereas eugenol was  
464 only detected at 1 kGy due to the irradiation treatment eliminated this flavor. Phenol,  
465 2-methoxy- were detected when the irradiation dose was greater than or equal to 3  
466 kGy. Phenol, 2-methoxy- as a derivative of phenol, it has a pungent smoky taste.

467 There were many kinds of terpenes detected in smoked chicken breasts. Of all the  
468 flavor compounds detected, 3-carene was the only one with OAVs greater than 1. The

469 3-carene has a rosin-like odor and is sometimes described as minty, citrusy, or  
470 camphoric. However, the content of this compound decreased or disappeared after  
471 irradiation treatment. Ketones, amines, esters, and acids likely contribute little to the  
472 overall flavor of smoked chicken breasts because of their high OAVs and lower  
473 contents. Because of their high OAVs and lower contents, The contents of total acids,  
474 total amines, and total ketones were similar between 0 kGy and 2, 3, 4, and 6 kGy.  
475 Hexanoic acid, ethyl ester was detected in higher concentrations in the irradiated  
476 group, but the threshold value was high and had little effect on the overall flavor. It  
477 was worth noting that the 6 kGy group contained a sulfur compound (Sulfurous acid,  
478 butyl pentadecyl ester), which smelled sulfurous. Sulfides are usually associated with  
479 the degradation of amino acids and the breakdown of side chains, which often leads to  
480 the production of off-flavors (Huang et al., 2022). A previous work reported that  
481 irradiated smoked duck meat contained three volatile sulfides, allyl sulfide, dipropyl  
482 disulfide and allyl disulfide (Jo et al., 2018). In another report, five kinds of sulfur  
483 compounds were detected in irradiated frozen yacare caiman meat, which may be one  
484 of the important reasons affecting the overall flavor (Cordeiro et al., 2022).

### 485 3.9. Taste analysis

486 Organic acids have a unique sour taste and are important flavor substances in meat  
487 products. Their content and type can significantly affect the flavor and texture of meat  
488 products. The smoked chicken breast was found to contain four organic acids (tartaric  
489 acid, pyruvic acid, malic acid, and acetic acid). As shown in Table 4, the most  
490 abundant organic acid was tartaric acid (between  $213.22\pm 0.45$  and  $268.35\pm 1.09$   
491 mg/g), followed by pyruvic acid ( $35.656\pm 0.074\sim 45.95\pm 0.22$  mg/g), Malic acid  
492 ( $2.73\pm 0.08\sim 3.19\pm 0.53$  mg/g), and acetic acid ( $0.82\pm 0.51\sim 1.00\pm 0.55$ ). Tartaric and  
493 pyruvic acids were major acids found in the smoked chicken breast. Comparatively to  
494 the 0 kGy, both tartaric and pyruvic acids decreased with increasing irradiation doses  
495 ( $P<0.05$ ), whereas 6 kGy samples increased by 43.34 and 1.82 mg/g. These effects  
496 could be attributed to the reaction between organic acids and high-energy molecules  
497 generated by irradiation, such as hydroxyl radicals (Wang et al., 2022). Acetic acid  
498 content did not change significantly in 0 kGy, whereas malic acid content decreased  
499 with increasing irradiation dose. Another work reported that tartaric acid was the main  
500 organic acid in flavored pork ribs, and its organic acid content was better preserved  
501 after irradiation treatment than heat treatment (Cordeiro, Mouro, Dos Santos &  
502 Wagner, 2022).

503 Taste amino acids and nucleotides have a strong synergistic effect, and this  
504 synergistic effect has an important impact on the preservation effect and overall taste  
505 of meat products. In addition, nucleotides can also interact synergistically to further  
506 enhance the flavor and taste of meat products (Sun et al., 2021). Nucleotides are  
507 generally derived from the metabolism of nucleotides. The metabolic pathway of  
508 nucleotides is triphosphate (ATP)  $\rightarrow$  adenosine diphosphate(ADP)  $\rightarrow$  adenosine  
509 monophosphate (AMP)  $\rightarrow$  inosine monophosphate(IMP)  $\rightarrow$  inosine (HxR)  $\rightarrow$

510 hypoxanthine (Hx) (Feng, Jo, Nam & Ahn, 2019). As shown in Table 4, both  
511 nucleotides and their degradation products were significantly affected ( $P < 0.05$ ) after  
512 gamma irradiation. Specifically, irradiation dose ranging from 2 to 6 kGy led to a  
513 10% to 25% decrease in ADP and a 5% to 17% decrease in AMP. In addition, IMP  
514 decreased by 11% and 5% respectively at irradiation doses of 2 kGy and 4 kGy but  
515 increased by 6% and 9% respectively at irradiation doses of 3 kGy and 6 kGy. IMP is  
516 known to contribute to meaty and savory flavors due to its association with sweet and  
517 gustatory complexity (Bai, Fan, Zhu, Wang & Hou, 2022). However, with increasing  
518 irradiation dose, the concentration of Hx increased significantly by 1%, 12%, 9%, and  
519 27%. The changes in ADP, AMP, IMP, and Hx observed with increasing irradiation  
520 doses indicate the rapid increase of the two final nucleotide degradation products in  
521 irradiated smoked chicken breasts. Among the degradation products of nucleotides,  
522 Hx has a bitter taste and plays a crucial role in the flavor changes of meat.  
523 Deamination of nucleotides can proceed rapidly with the help of free radicals  
524 generated by radiation (Feng et al., 2019). In addition, studies have shown that the  
525 destruction of muscle fibers will also accelerate the degradation and loss of  
526 nucleotides (Zhang et al., 2020).

527 Free amino acids (FAAs) are essential for the flavor profile of the meat. As these  
528 compounds interact with other flavor substances, they shape the overall flavor  
529 experience of the meat. The smoked chicken breast, both irradiated and  
530 non-irradiated, contained 17 types of FAAs as shown in Table 4. The overall content  
531 of FAAs decreased in irradiated smoked chicken breast. The total amount of free  
532 amino acids ( $\Sigma$ FAAs) in the 0kGy group was 595.37 mg/100g, while those in the 2  
533 kGy, 3 kGy, 4 kGy, and 6 kGy groups decreased by 55.84, 51.00, 40.94, and 46.28  
534 mg/100g, respectively. In both irradiated and non-irradiated groups, Glu, Ala, Lys,  
535 Arg, Ser, and Asp were the most abundant and representative FAAs. The proportion  
536 of  $\Sigma$ FAAs accounted for by Glu was the highest, approximately 30%. Studies have  
537 shown that Glu is an umami-tasting free amino acid that can not only enhance the  
538 taste of meat products but also accelerate the Maillard reaction and form more  
539 aromatic compounds (Zhang et al., 2020). Protein degradation induced by irradiation  
540 could produce a portion of free amino acids that accelerated the deamination and  
541 decarboxylation of amino acids (Jia, Shi, Zhang, Shi & Chu, 2021). Additionally,  
542 some free amino acids may have been released from the protein and become more  
543 soluble in water, potentially impacting the flavor of the food. Apart from these, the  
544 FAAs in meat are responsible for a variety of taste sensations, including sweet,  
545 umami, and bitter. Aspartic acid (Asp) and glutamic acid (Glu) provide an umami  
546 taste, while serine (Ser), proline (Pro), glycine (Gly), threonine (Thr), and alanine  
547 (Ala) contribute to sweetness. Valine (Val), methionine (Met), isoleucine (Ile),  
548 phenylalanine (Phe), lysine (Lys), leucine (Leu), arginine (Arg), histidine (His), and  
549 tyrosine (Tyr) is associated with bitterness, while L(+)-cysteine (Cys) is considered a  
550 non-taste amino acid (Bai et al., 2022). Following irradiation, the umami amino acids  
551 in the irradiation group increased, while the levels of sweet and bitter amino acids  
552 decreased. Compared to the 0 kGy group, the proportion of  $\Sigma$ Fresh flavor nucleotides

553 increased by 2-4% in the irradiation group, while the proportion of  $\Sigma$ Sweetened  
554 nucleotides decreased by 1-5%, and the proportion of  $\Sigma$ Bitter nucleotides decreased  
555 by 1-2%. Among them, there was a significant increase in Glu (umami taste) content  
556 in irradiated smoked chicken breasts compared with the 0 kGy group ( $P > 0.05$ ). It  
557 increased by 26.31, 1.26, 8.26, and 29.24 mg/100g, respectively. Ala and Arg were  
558 related to sweetness, and their levels decreased significantly after irradiation.  
559 However, since the contents of Ala and Arg did not exceed their taste thresholds, the  
560 taste of smoked chicken breasts is minimally affected by irradiation. Met, His, and  
561 Leu are responsible for the bitter taste. A previous study reported that proteins  
562 involved in Met and Cys metabolism may produce off-flavors in goat meat after  
563 irradiation (Jia et al., 2021). However, in smoked chicken breasts, irradiation was  
564 found to decrease the content of bitter-free amino acids and improve its taste.

#### 565 **4. Conclusion**

566 Different doses of gamma irradiation significantly affected the quality and flavor  
567 characteristics of smoked chicken breast. Irradiation doses greater than 3 kGy were  
568 effective in killing microorganisms and reducing protein oxidation degree, while  
569 promoting lipid oxidation. Gamma irradiation at high doses (4 kGy and 6 kGy) also  
570 resulted in greater instability of free and bound water and increased muscle fiber gap  
571 in smoked chicken breast. Lower doses of irradiation treatment could promote free  
572 fatty acids and taste-presenting nucleotides degradation, effectively increase the  
573 fresh-tasting amino acids contents and decrease bitter and sweet-tasting amino acids  
574 contents. In conclusion, gamma irradiation at a dose less than or equal to 3 kGy not  
575 only has a bactericidal effect but also effectively maintains the quality and flavor  
576 characteristics of smoked chicken breast.

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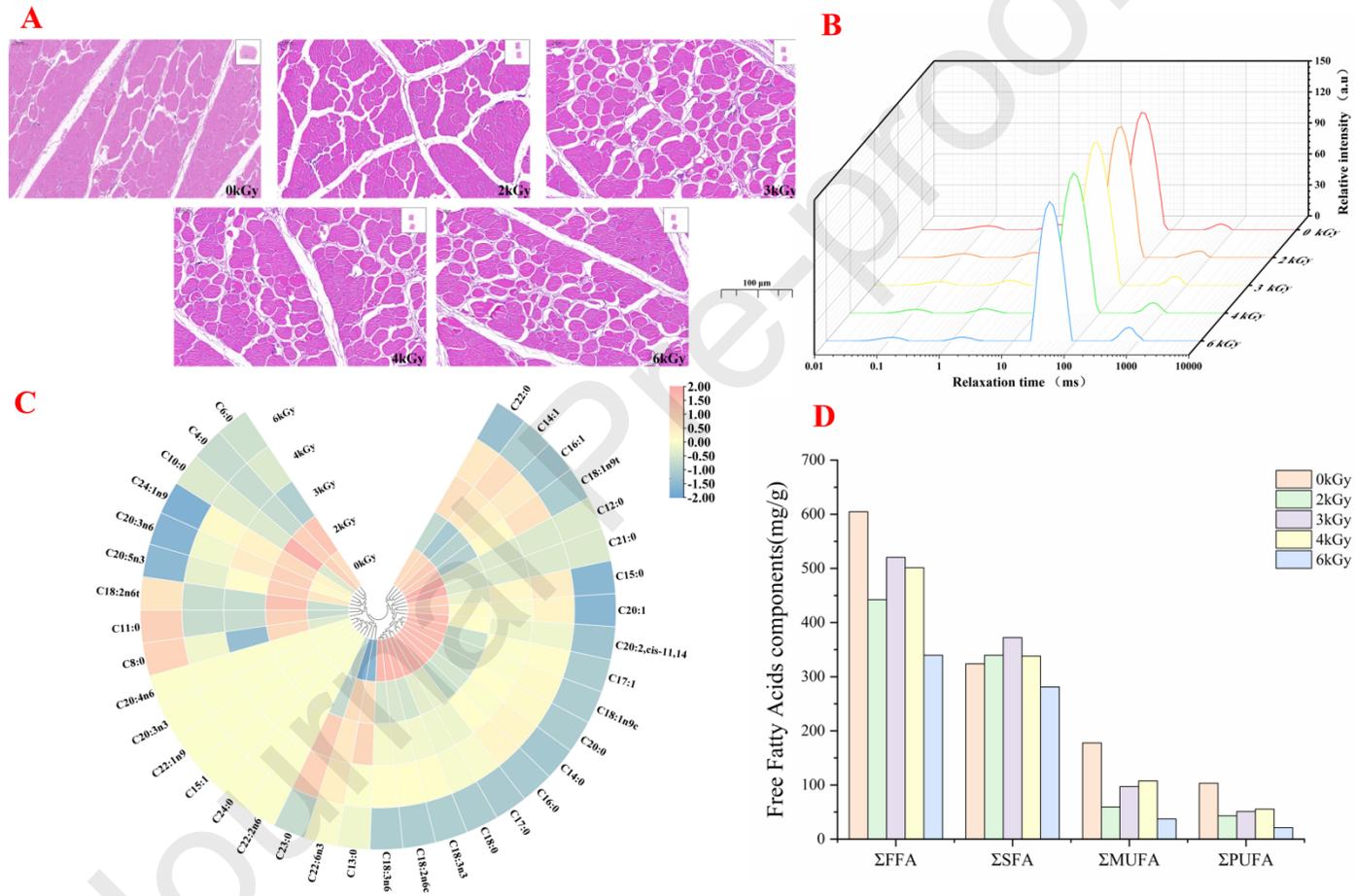
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718 **Figure Captions**

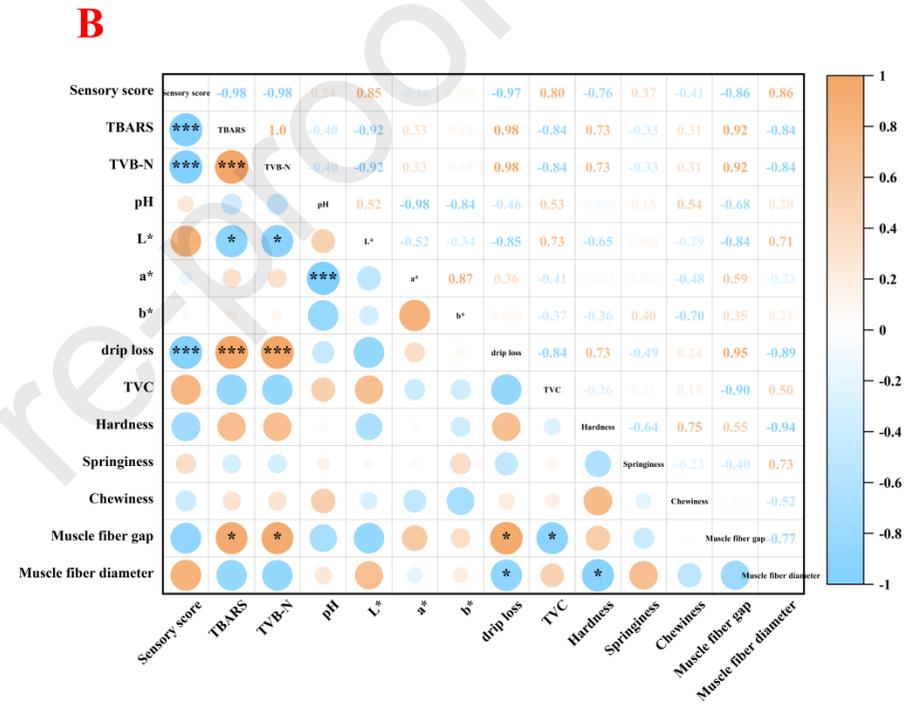
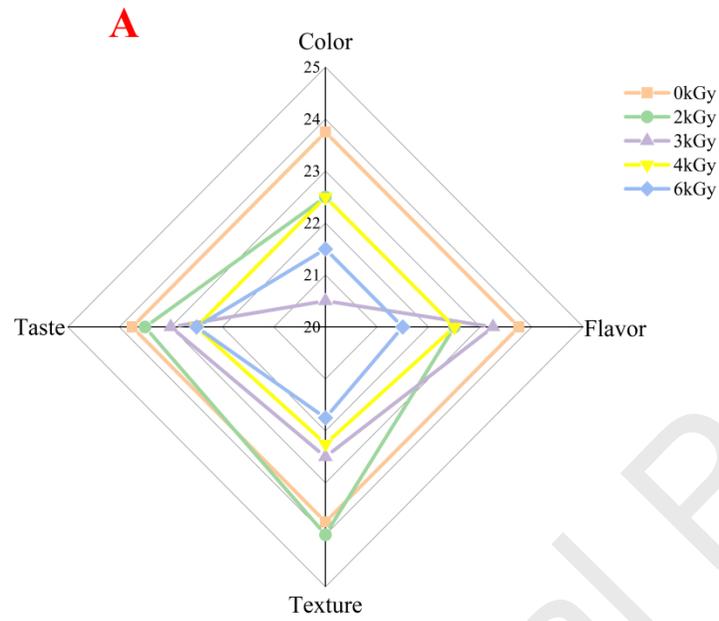
719 Figure 1 Effect of the different doses of irradiation treatment on the HE (A),  
720 Low-Field Nuclear Magnetic Resonance (LF-NMR) spectroscopy (B), and fatty acids  
721 (C/D) of smoked chicken breasts.

722 Figure 2 Effect of the different doses of irradiation treatment on the sensory  
723 evaluation of smoked chicken breasts (A). Correlation analysis of sensory evaluation  
724 and physical and chemical indicators of smoked chicken breasts (B).

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727 **Figure 2**



728

\*  $p \leq 0.05$  \*\*  $p \leq 0.01$  \*\*\*  $p \leq 0.001$

729 **Table 1** The physical and chemical indicators of irradiated smoked chicken. Different lowercase letters (a-e) represent significant differences at  
 730  $P < 0.05$ .

Parameter	Irradiation dose (kGy)				
	0	2	3	4	6
<b><i>Escherichia coli</i> (lgCFU/g)</b>	<10	<10	<10	<10	<10
<b>Total bacterial (lgCFU/g)</b>	2.89±0.02 <sup>a</sup>	2.75±0.05 <sup>a</sup>	2.52±0.12 <sup>b</sup>	1.66±0.00 <sup>c</sup>	0.00±0.00 <sup>d</sup>
<b>pH</b>	6.23±0.02 <sup>b</sup>	6.22±0.01 <sup>b</sup>	6.3±0.01 <sup>a</sup>	6.1±0.02 <sup>d</sup>	6.17±0.02 <sup>c</sup>
<b>TBARS content(mg/kg)</b>	0.1±0.009 <sup>d</sup>	0.13±0.009 <sup>c</sup>	0.18±0.008 <sup>b</sup>	0.19±0.018 <sup>b</sup>	0.22±0.001 <sup>a</sup>
<b>TVB-N content(mg/100g)</b>	9.37±0.14 <sup>a</sup>	9.61±0.21 <sup>a</sup>	8.95±0.36 <sup>b</sup>	8.47±0.08 <sup>c</sup>	8.66±0.16 <sup>bc</sup>
<b>Drip loss(%)</b>	3.99±0.004 <sup>c</sup>	4.42±0.002 <sup>bc</sup>	4.6±0.003 <sup>ab</sup>	4.79±0.002 <sup>ab</sup>	5.00±0.002 <sup>a</sup>
<b>Texture</b>					

Hardness (N)	1359.12±57.75 <sup>c</sup>	2106.53±95.90 <sup>b</sup>	2605.67±87.36 <sup>a</sup>	2455.83±40.27 <sup>a</sup>	2146.13±125.12 <sup>b</sup>
Springiness (mm)	0.82±0.00 <sup>a</sup>	0.71±0.01 <sup>b</sup>	0.76±0.07 <sup>ab</sup>	0.75±0.05 <sup>ab</sup>	0.76±0.07 <sup>ab</sup>
Chewiness (N)	1060.16±56.00 <sup>c</sup>	1195.98±85.21 <sup>b</sup>	1664.33±61.49 <sup>a</sup>	1244.30±36.90 <sup>ab</sup>	1148.27±94.10 <sup>bc</sup>
<b>HE</b>					
Muscle fiber gap (μm)	3.01±0.38 <sup>a</sup>	4.71±0.6 <sup>b</sup>	4.7±1.18 <sup>b</sup>	7.14±0.8 <sup>c</sup>	7.91±0.86 <sup>c</sup>
Muscle fiber diameter (μm)	61.91±6.56 <sup>a</sup>	58.14±5.58 <sup>b</sup>	57.19±3.97 <sup>d</sup>	56.82±3.08 <sup>e</sup>	57.29±2.47 <sup>c</sup>
<b>Color</b>					
L*	50.52±0.73 <sup>a</sup>	50.90±1.09 <sup>a</sup>	49.89±0.52 <sup>a</sup>	46.63±0.89 <sup>c</sup>	48.15±0.45 <sup>b</sup>
a*	14.76±0.97 <sup>b</sup>	14.49±0.92 <sup>b</sup>	14.20±0.85 <sup>b</sup>	16.57±0.75 <sup>a</sup>	15.53±0.84 <sup>ab</sup>
b*	33.33±0.83 <sup>ab</sup>	30.17±3.43 <sup>b</sup>	30.30±2.75 <sup>b</sup>	36.73±2.26 <sup>a</sup>	32.99±1.63 <sup>ab</sup>

732 **Table 2** LF-NMR spin–spin relaxation time ( $T_2$ ) and peak proportion (P) of the chicken breast.

Irradiation done (kGy)	$T_2$ relaxation time distribution				Proportion of $T_2$ relaxation time peak area			
	$T_{21a}$	$T_{21b}$	$T_{22}$	$T_{23}$	$P_{21a}$	$P_{21b}$	$P_{22}$	$P_{23}$
0	0.105	1.42	31.4	603	1.37	1.94	92.69	4.06
2	0.113	1.51	35.8	685	1.43	1.83	92.31	4.46
3	0.115	1.51	36.1	667	1.31	1.83	91.67	5.03
4	0.115	1.51	38.4	721	1.28	1.69	91.37	5.68
6	0.114	1.51	38.1	731	1.19	1.57	90.77	6.47

734 **Table 3** Changes in volatile compounds (mg/kg) of irradiated smoked chicken breast.

Compound group	Volatile compounds	CAS number	RI	Content(mg/kg)					Odor description
				0 kGy	2 kGy	3 kGy	4 kGy	6 kGy	
<b>Aldehydes</b>									
	ΔHexanal	000066-25-1	833	8.62±4.36	7.16±3.21	11.25±6.1 6	3.52±4.98	10.24±2.95	Pungent, pungent, spicy flavor
	ΔNonanal	000124-19-6	112 1	25.74±3.3 5	22.1±0.7	28.35±6.9 9	nd	33.62±3.86	Oily, citrusy taste
	8-Octadecenal	056554-94-0	/	1.02±0.01	nd	nd	nd	nd	Greasy, meaty, fishy
	ΔHeptanal	000111-71-7	955	0.15±0	nd	nd	nd	nd	Fruity, putrid
	ΔOctanal	000124-13-0	102	nd	nd	2.2±1	nd	1.65±0.2	Aromatic, milky

		6							
	$\Delta$ Decanal	000112-31-2	116 9	nd	nd	4.18±0.05	nd	6.64±0.97	Aromatic, fruity, fishy
	5-Ethylcyclopent-1-enecarboxaldehyde	036431-60-4	147 7	nd	nd	nd	nd	2.88±0	Aromatic, smoky
<b>Alcohols</b>									
	Ethanol	000064-17-5	159	5.35±1.21	1.52±0.51	3.11±0.19	5.83±1.31	2.35±0.03	Pungent, slightly sweet, slightly bitter
	dl-Menthol	000089-78-1	150 0	nd	1.74±0.02	3.15±0.01	nd	nd	Peppermint scent
	Carotol	000465-28-1	202	nd	0.23±0.04	nd	nd	nd	Woody, spicy, aromatic
	$\Delta$ 1-Nonen-3-ol	021964-44-3	120 2	nd	nd	nd	2.14±0.02	nd	Herbal, aromatic, citrus

	2-Hexyl-1-octanol	019780-79-1	220 0	nd	nd	nd	3.67±0.39	nd	Floral, fruity, grape
	1,4-Butanediol	000110-63-4	320	nd	nd	nd	nd	105.25±3.5 6	Sweet, subtle aroma
	Cyclobutanol	002919-23-5	160 0	0.04±0	0.02±0.01	nd	nd	nd	Woody, herbal scent
<b>Aromatic hydrocarbons</b>	Δo-Xylene	000095-47-6	110 0	34.49±1.4 8	17.34±17. 3	nd	5.33±0.1	nd	Sweet, oily, aromatic
	ΔStyrene	000100-42-5	240	18.21±1.0 9	15.49±6.6 8	9.5±5.78	39.11±6.9 1	10.64±6.58	Bitter, caramel, smoky
	ΔEthylbenzene	000100-41-4	681	4.63±0.22	nd	nd	5.33±0.1	3.21±0.02	Sweet, aromatic

	$\Delta$ p-Xylene	000106-42-3	732	nd	nd	29.71±1.3 7	55.97±7.2 9	19.08±14.5	Lightly aromatic
	3-Methyl-3-hexene	003404-65-7	701	nd	nd	2.3±0.07	nd	nd	Aromatic, minty, spicy
	Toluene	000108-88-3	298	nd	nd	nd	nd	10.23±0.02	Strongly sweet, bitter
	2-Ethyl-3-methylcyclopent-2-en-1-one	1000423-46- 8	112 3	nd	nd	nd	nd	0.16±0.01	Fruity, herbal, sweet
<b>Phenols</b>									
	$\Delta$ Phenol	000108-95-2	122 5	35.23±4.7 3	13.01±2.4 1	23.46±0.9 3	39.16±5.2 5	23.62±1.62	Pungent phenolic odor
	Phenol, 2-methyl-	000095-48-7	111 0	14.64±5.1 9	2.96±4.09	5.25±0.19	29.34±2.8	8.14±0.38	Coke, smoky taste
	$\Delta$ Phenol, 3,5-dimethyl-	000108-68-9	159 9	8.39±0.16	nd	nd	nd	nd	Phenolic aroma and bitterness

2-Methoxy-5-methylphenol	001195-09-1	202 0	9.34±0.98	2.96±4.09	7.02±0	nd	7.76±0.25	Smoky, woody, aromatic
ΔEugenol	000097-53-0	157 6	0.34±0.11	nd	nd	nd	nd	Pungent, bitter, aromatic odor
ΔPhenol, 2-methoxy-	000090-05-1	105 9	nd	nd	22.75±2.8 3	47.03±5.4 1	26.17±0.64	Sweet, bitter
Estragole	000140-67-0	119 5	nd	nd	0.25±0	nd	nd	Pungent, sweet, herbal
<b>Esters</b>								
Sarcosine, N-valeryl-, pentyl ester	1000321-56- 2	180 9	0.13±0.15	nd	nd	nd	nd	Candied, fruity, floral
1,3-Dioxolane	000646-06-0	594	0.01±0	0.98±0.01	nd	nd	nd	Fresh, sweet
Carbonic acid, decyl undecyl ester	1000383-16-	242	0.48±0.11	1.34±0	nd	nd	0.68±0.01	Fruity, grapefruit, sweet, mellow

	0	8							
Hexanoic acid, ethyl ester	000123-66-0	180 0	28.37±0.3 9	nd	10.99±1.7 9	nd	nd	nd	Vanilla, creamy, fruity aroma
Dimethyl 3-sulfinopropionate	085939-98-6	/	nd	0.12±0	nd	nd	nd	nd	Broth, miso
Oxalic acid, decyl 2-ethylhexyl ester	1000309-39-3	/	nd	1.57±0	nd	nd	nd	nd	Citric acid salt flavors
Carbonic acid, heptyl methyl ester	1000314-61-9	105 8	nd	nd	0.69±0.01	nd	nd	nd	Champagne flavor, fruit flavor
Acetic acid, 3,7,11,15-tetramethyl-hexadecyl ester	1000193-63-0	182 5	nd	nd	0.49±0.01	nd	nd	nd	Light flavor
3,7-Dimethyloctyl acetate	020780-49-8	107 7	nd	nd	nd	1.27±0	nd	nd	Fruity flavor
<b>Terpenes</b>									

1-Chloroeicosane	042217-02-7	226 4	0.64±0.55	nd	nd	nd	nd	Pine wood odor
.alpha.-Pinene	000080-56-8	106 9	1.02±0.01	nd	2.08±0.36	nd	0.7±0.21	Pine needles, pine resin scent
1-Decene	000872-05-9	988	1.04±0.04	0.53±0.35	nd	nd	nd	Fruity, herbal, floral
(+)-3-Carene	000498-15-7	117 0	7.21±0.04	7.51±0.07	5.34±0	nd	nd	Woody fragrance
Longifolene	000475-20-7	206 0	0.61±0	4.02±3.02	2.43±1.84	nd	0.54±0.02	Pine woody fragrance.
Δ3-Carene	013466-78-9	135 0	10.63±0.1 8	nd	nd	9.49±0.09	nd	Pine woody fragrance
1-Hexacosene	018835-33-1	259 6	nd	0.19±0.11	nd	0.57±0.01	2.47±0.03	Waxy fragrance

(+)-2-Bornanone	000464-49-3	160 0	nd	0.46±0.01	0.53±0.03	nd	nd	Aromatic, sweet
1-Tetracosene	010192-32-2	199 0	nd	0.37±0.02	nd	nd	nd	Lightly oily smell
Cedrol	000077-53-2	179 2	nd	nd	0.45±0.03	nd	0.46±0.02	Woody, minty
D-Limonene	005989-27-5	112 9	nd	nd	4.32±0.06	nd	7.03±3.59	Citrus, crisp, spicy
3-Methyl-3-hexene	003404-65-7	701	nd	nd	2.3±0.07	nd	nd	Aromatic, oily, roasted aroma
1-Tetradecene	001120-36-1	138 8	nd	nd	nd	2.2±1.99	nd	Oily
5-Ethyl-1-nonene	019780-74-6	/	nd	nd	nd	0.45±0.02	nd	Oily, herbal, fruity
1,7-Hexadecadiene	125110-62-5	/	nd	nd	nd	nd	0.99±0	Aromatic, oily

<b>Ketones</b>									
Butylated Hydroxytoluene	000128-37-0	150	1.61±0.06	nd	1.91±0.1	nd	2.82±0.35		Slightly bitter taste
Piperitenone oxide	035178-55-3	250	nd	0.58±0.1	nd	nd	nd		Peppermint aroma
2-Acetylcyclopentanone	001670-46-8	100	nd	nd	1.14±0.04	nd	nd		Roasted sweet, spicy flavor
Acetophenone	000098-86-2	932	nd	nd	nd	nd	1.67±0.01		Bittersweet
<b>Amines</b>									
Methylpent-4-enylamine	005831-72-1	141 7	0.25±0.27	0.04±0	0.09±0.09	nd	nd		Ammonia odor and fishy smell
N-Methyldodecylamine	1000426-51- 1	205 5	0.02±0.01	nd	nd	nd	0.02±0.14		Amine odor, fishy smell
n-Hexylmethylamine	035161-70-7	871	nd	nd	nd	nd	0.04±0.01		Stimulating, ammonia odor, fishy

<b>Sulfide</b>									
Sulfurous acid, butyl pentadecyl ester	1000309-18-2	/	nd	nd	nd	nd	5.73±0.08		Sulfur smell
<b>Acids</b>									
Fumaramic acid	002987-87-3	128 9	0.1±0	nd	nd	nd	nd		Sour
Tartronic acid	000080-69-3	848	nd	nd	27.65±0.3 2	nd	28.76±0.01		Sour
<b>others</b>									
Octacosane	000630-02-4	193 0	nd	3.01±0	nd	2.3±0.02	nd		Slightly oily fragrance scent
Cyclohexadecane	000295-65-8	177 5	nd	0.33±0.07	nd	nd	nd		Fresh, slightly sweet odor

735 RI: retention index;  $\Delta$ : OAV > 1; Odor description was obtained from the Good Scents Company Information System  
736 (<http://www.thegoodscentscompany.com/>).

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737 **Table 4** Effect of the different doses of irradiation treatment on the content of organic acids, nucleotides and free amino acids of smoked chicken  
 738 breasts.

Parameter	Irradiation dose (kGy)				
	0	2	3	4	6
<b>Organic acids</b>					
Tartaric acid	225.01±0.20 <sup>ab</sup>	225.21±0.42 <sup>ab</sup>	217.48±1.03 <sup>b</sup>	213.22±0.45 <sup>b</sup>	268.35±1.09 <sup>a</sup>
Pyruvic acid	44.13±0.26 <sup>ab</sup>	38.58±5.05 <sup>c</sup>	40.77±0.26 <sup>bc</sup>	39.48±0.13 <sup>c</sup>	45.95±0.22 <sup>a</sup>
malic acid	3.36±0.63 <sup>a</sup>	3.25±0.49 <sup>a</sup>	3.26±0.17 <sup>a</sup>	2.73±0.07 <sup>a</sup>	3.06±0.07 <sup>a</sup>
Acetic acid	0.90±0.58 <sup>a</sup>	0.93±0.24 <sup>a</sup>	0.82±0.51 <sup>a</sup>	0.96±0.47 <sup>a</sup>	1.00±0.55 <sup>a</sup>
Σ Organic acids	273.4	267.98	262.34	262.34	318.36

<b>Nucleotides</b>					
ADP	12.19±3.35 <sup>a</sup>	10.93±0.14 <sup>a</sup>	10.19±0.64 <sup>a</sup>	9.11±3.40 <sup>a</sup>	9.49±0.25 <sup>a</sup>
AMP	19.23±0.19 <sup>a</sup>	11.28±7.34 <sup>b</sup>	15.99±0.07 <sup>ab</sup>	15.02±1.99 <sup>ab</sup>	18.22±0.17 <sup>a</sup>
IMP	1.43±0.12 <sup>ab</sup>	1.28±0.01 <sup>b</sup>	1.51±0.18 <sup>ab</sup>	1.35±0.18 <sup>ab</sup>	1.56±0.02 <sup>a</sup>
Hx	3.39±0.99 <sup>b</sup>	3.42±0.00 <sup>b</sup>	3.78±0.01 <sup>a</sup>	3.78±0.01 <sup>a</sup>	4.29±0.02 <sup>a</sup>
<b>Free amino acids (FAAs)</b>					
Asp	37.43±0.01 <sup>a</sup>	29.84±0.17 <sup>c</sup>	33.53±0.65 <sup>b</sup>	33.71±0.00 <sup>b</sup>	30.29±0.00 <sup>c</sup>
Thr	31.04±0.00 <sup>a</sup>	25.02±0.17 <sup>b</sup>	27.69±0.40 <sup>ab</sup>	29.47±3.31 <sup>ab</sup>	29.14±5.25 <sup>ab</sup>
Ser	38.76±0.02 <sup>a</sup>	30.09±0.00 <sup>e</sup>	35.01±0.00 <sup>b</sup>	33.29±0.17 <sup>c</sup>	30.40±0.04 <sup>d</sup>
Glu	129.34±0.18 <sup>e</sup>	155.64±1.73 <sup>b</sup>	130.60±1.18 <sup>d</sup>	137.59±0.17 <sup>c</sup>	158.58±0.02 <sup>a</sup>

Gly	27.84±0.35 <sup>a</sup>	20.13±0.00 <sup>e</sup>	24.17±0.02 <sup>b</sup>	22.84±0.01 <sup>c</sup>	20.34±0.02 <sup>d</sup>
Ala	51.78±0.00 <sup>a</sup>	42.45±0.17 <sup>e</sup>	47.54±0.01 <sup>b</sup>	45.34±0.10 <sup>c</sup>	43.06±0.00 <sup>d</sup>
Cys	1.52±0.02 <sup>c</sup>	1.55±0.00 <sup>b</sup> <sup>c</sup>	1.87±0.06 <sup>a</sup>	1.52±0.00 <sup>c</sup>	1.59±0.02 <sup>b</sup>
Val	28.02±0.01 <sup>a</sup>	24.34±0.00 <sup>d</sup>	25.46±0.20 <sup>b</sup> <sup>c</sup>	26.40±1.67 <sup>b</sup>	24.62±0.00 <sup>b</sup> <sup>c</sup>
Met	14.67±0.00 <sup>a</sup>	10.12±0.17 <sup>d</sup>	13.12±0.20 <sup>b</sup>	11.09±0.00 <sup>c</sup>	9.43±0.00 <sup>e</sup>
Ile	19.52±0.04 <sup>a</sup>	17.24 ±0.03 <sup>d</sup>	17.55±0.00 <sup>c</sup>	17.94±0.00 <sup>b</sup>	17.59±0.18 <sup>c</sup>
Leu	35.32±0.04 <sup>a</sup>	30.51±0.35 <sup>e</sup>	31.44±0.00 <sup>c</sup>	32.14±0.33 <sup>b</sup>	31.12±0.00 <sup>d</sup>
Tyr	25.76±0.53 <sup>a</sup>	22.09±0.07 <sup>d</sup>	23.53±0.34 <sup>b</sup>	22.92±0.00 <sup>c</sup>	22.22±0.04 <sup>d</sup>
Phe	18.64±0.04 <sup>a</sup>	18.06±0.00 <sup>c</sup>	18.10±0.12 <sup>b</sup> <sup>c</sup>	17.95±0.10 <sup>d</sup>	18.18±0.00 <sup>b</sup>
Lys	47.37±1.59 <sup>a</sup>	41.07±0.52 <sup>a</sup> <sup>b</sup>	36.45±0.06 <sup>a</sup> <sup>b</sup>	41.56±3.64 <sup>b</sup>	40.86±0.18 <sup>b</sup>

His	22.45±0.05 <sup>a</sup>	17.97±0.69 <sup>d</sup>	19.45±0.06 <sup>b</sup>	20.06±0.02 <sup>c</sup>	17.70±0.02 <sup>d</sup>
Arg	44.09±0.62 <sup>a</sup>	34.20±0.09 <sup>e</sup>	38.52±0.04 <sup>c</sup>	40.54±0.17 <sup>b</sup>	34.58±0.00 <sup>d</sup>
Pro	21.82±0.09 <sup>a</sup>	19.22±0.00 <sup>e</sup>	20.36±0.00 <sup>b</sup>	20.06±0.00 <sup>c</sup>	19.38±0.01 <sup>d</sup>
Σ Fresh flavor nucleotides	166.77	185.48	164.13	171.3	188.87
Σ Sweetened nucleotides	243.35	195.45	218.75	217.95	201.52
Σ Bitter nucleotides	183.74	157.05	159.63	163.65	157.11
Σ FAAs	5964.39	5400.59	544.37	554.43	5453.99

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### Author contribution

742 Article title: **Effect of gamma irradiation treatment on microstructure, water mobility, flavor, sensory and quality properties of smoked**  
743 **chicken breast**

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745 Xiaoxia Huang designed the study, prepared and wrote the original manuscript.

746 Yun You, Weidong Bai, Bifeng Lan, and Junshi Wu modified the Tables and Figures, references and revised the English writing.

747 Qiaoyu Liu and Hao Dong provided the financial support. They also reviewed, supervised, revised and finalized the manuscript.

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749 **Declaration of interests**

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751  The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this  
752 paper.

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754  The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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## Highlights

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763 ● The quality of irradiated smoked chicken breast was systematically analyzed

764 ● Irradiation doses  $\leq 3$  kGy maintain quality and flavor of smoked chicken breast

765 ● Irradiation doses  $> 3$  kGy could reduce protein oxidation and promote lipid oxidation

766 ● 6 kGy of irradiation negatively affect quality and flavor of smoked chicken breast

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